

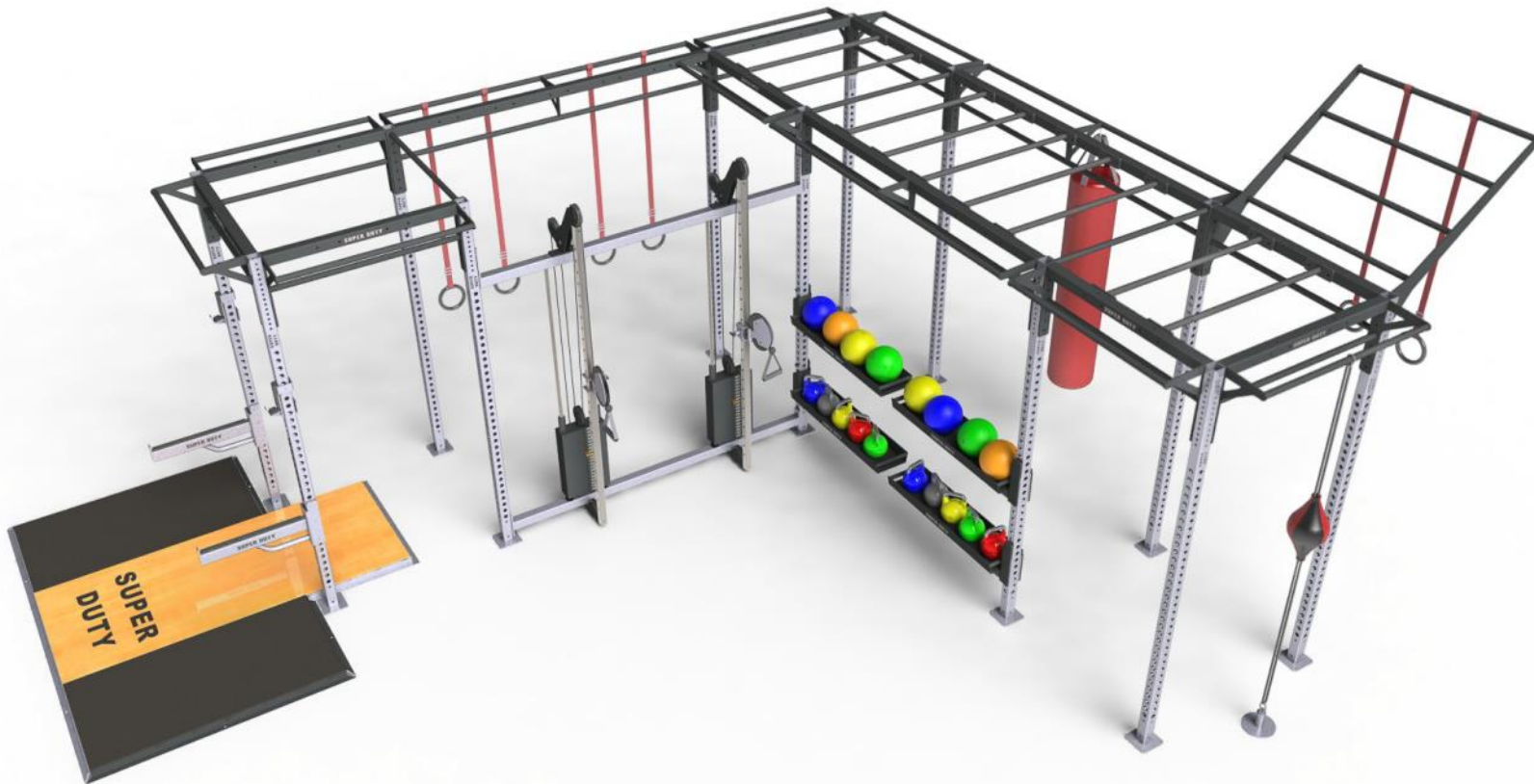
SUPER DUTY

FUNCTIONAL TRAINING RIGS



QUICK GUIDE

Corner Rigs	Monkey Bar Rigs	Cantilever Rigs	Suspension Rigs	Perimeter Rigs	CrossFit Rigs
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If you can imagine it, we can create it.

We make the worlds most versatile functional training rig systems. Make the most out your available area with a customised rig that suits your space and your training philosophy. We've been making commercial fitness equipment for decades.

You can depend on us.

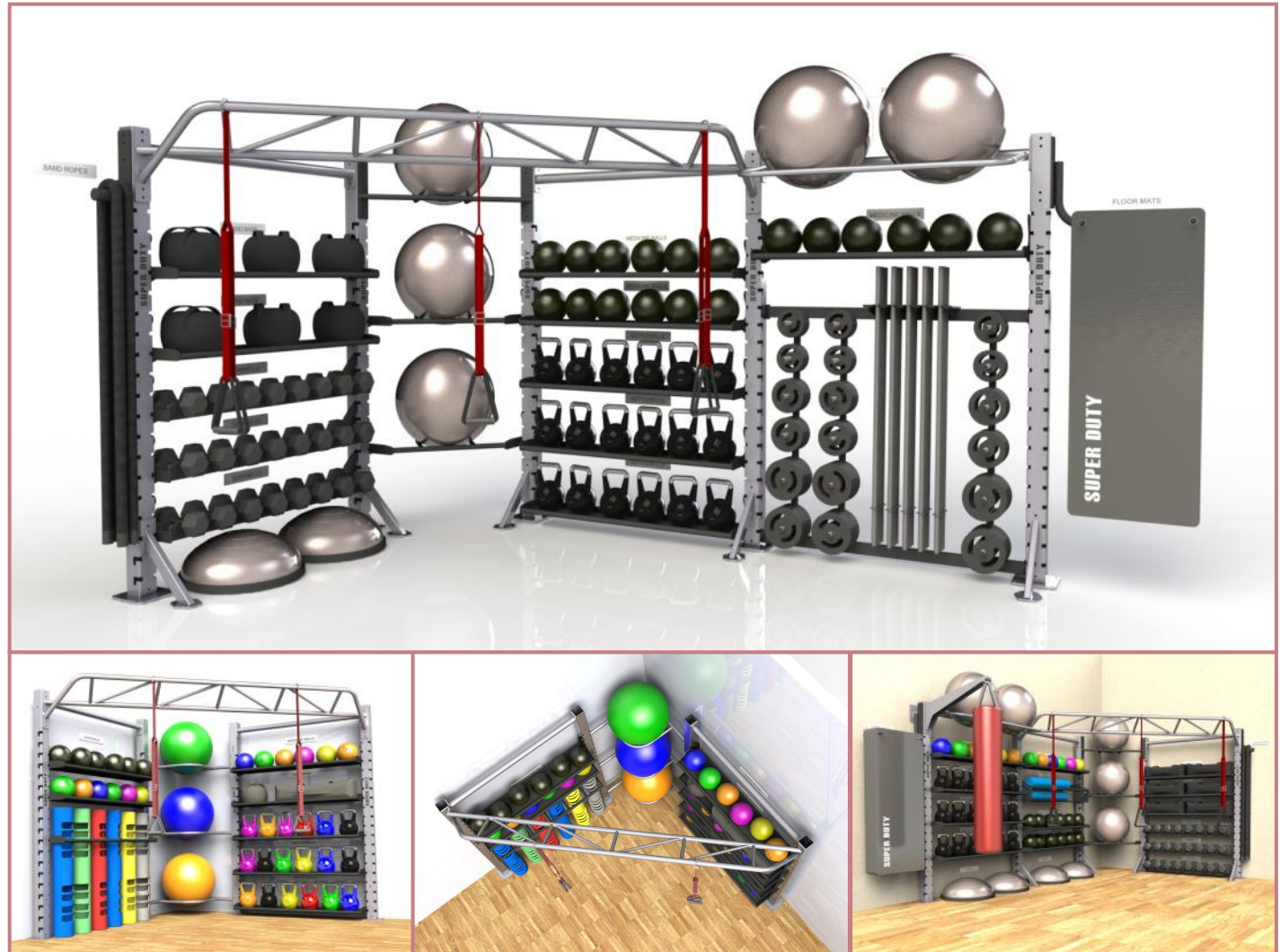
Anytime Fitness, Queensland Academy of Sport, Diving Australia, Goodlife Health Clubs, Fiji Rugby and the Papua New Guinea Olympic Training Centre are just a few high profile clients that use Super Duty Functional Training Rigs.

Corner Rigs

- ⇒ Perfect way to make use of an under-utilized corner.
- ⇒ Various sizes of corner trusses are available to mount boxing bags and suspension trainers.
- ⇒ Can be extended or reconfigured anytime in the future.
- ⇒ Left or right hand formats.

The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a corner rig of any size.

Rigs must be bolted down for stability.

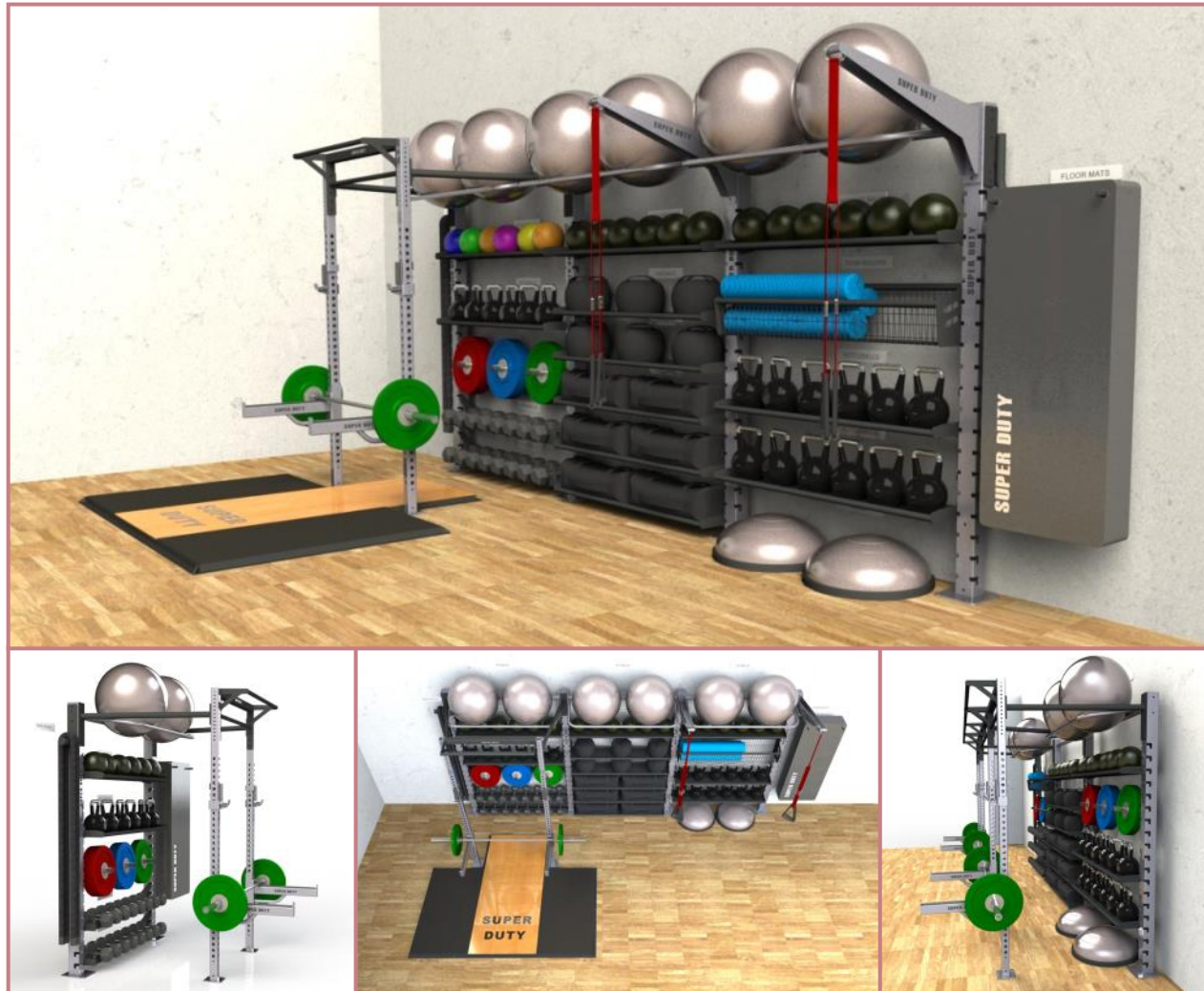


Hybrid Rigs

- ⇒ CrossFit rig combined with our functional training rig system.
- ⇒ The CrossFit lifting stations encourage use between classes.
- ⇒ Can be extended or reconfigured anytime in the future.
- ⇒ Can also be combined with a corner rig.

The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a rig of any size.

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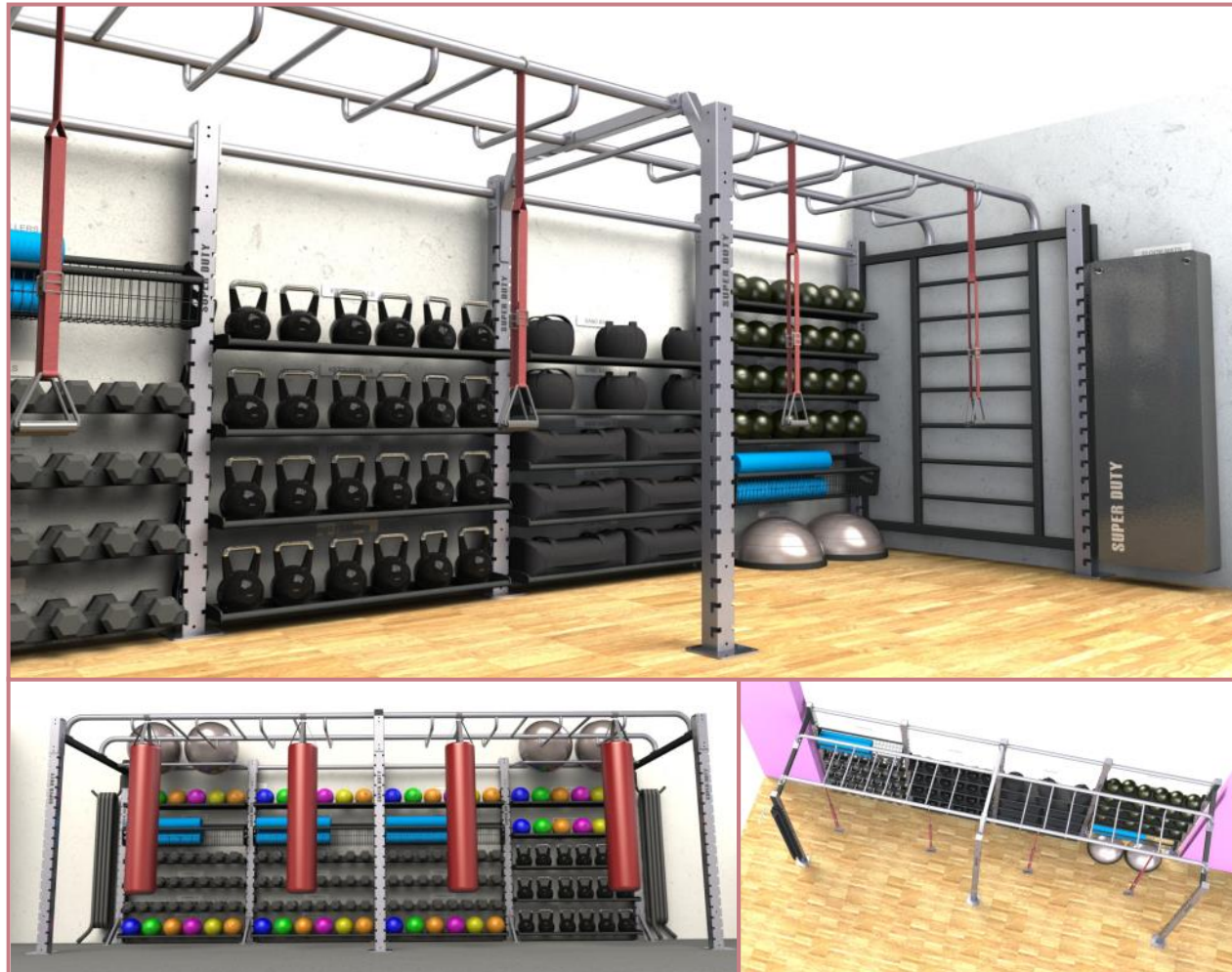


Monkey Bar Rigs

- ⇒ Monkey bars are perfect for mounting boxing bags and suspension trainers.
- ⇒ Cannon ball grips with straight handles suit beginners or advanced athletes.
- ⇒ Can be extended or reconfigured anytime in the future.
- ⇒ Monkey bars are positioned away from storage racks for safety.

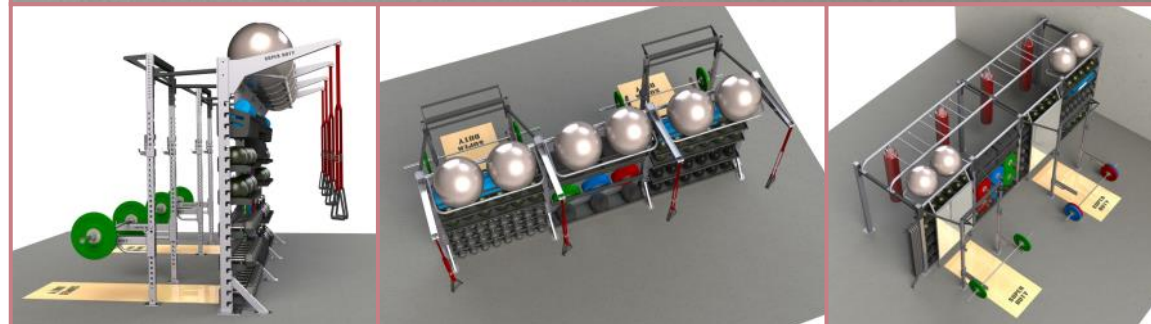
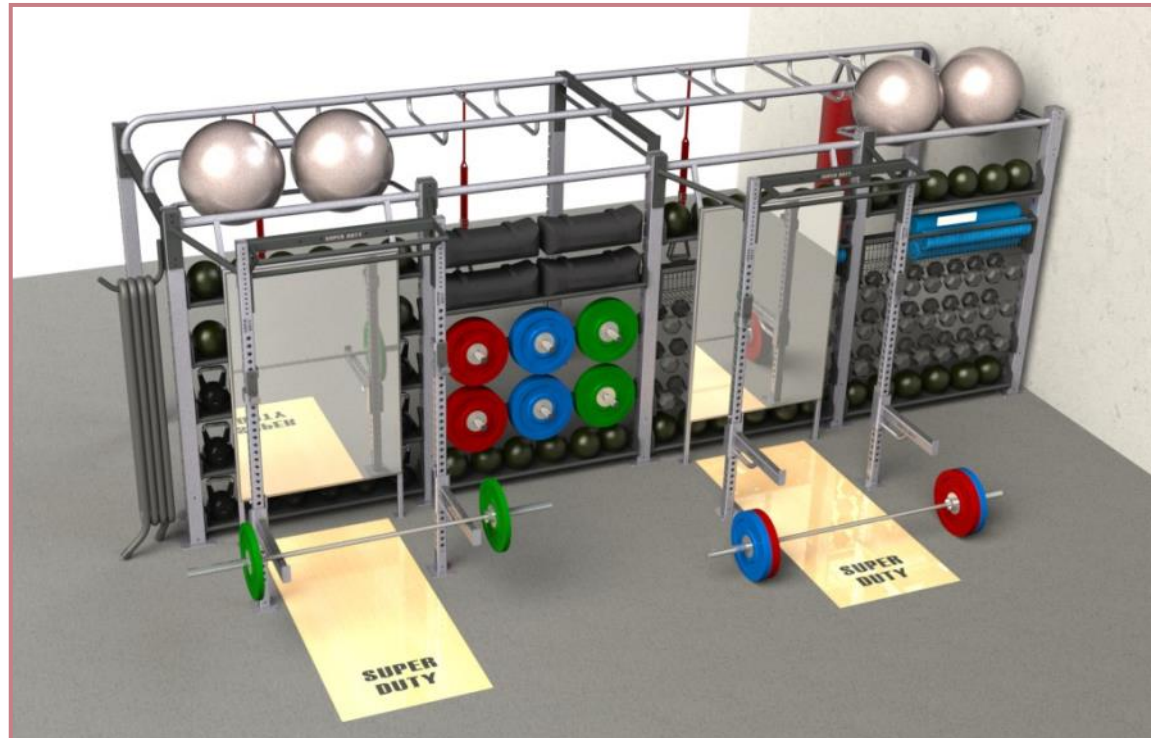
The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a rig of any size.

Rigs must be bolted down for stability.



Double Sided Rigs

- ⇒ Ideal for dividing a large room or defining a functional training zone in a open area.
- ⇒ Cost effective and space efficient way to add more lifting stations to your centre.
- ⇒ Can be extended or reconfigured anytime in the future.



The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a double sided rig of any size.

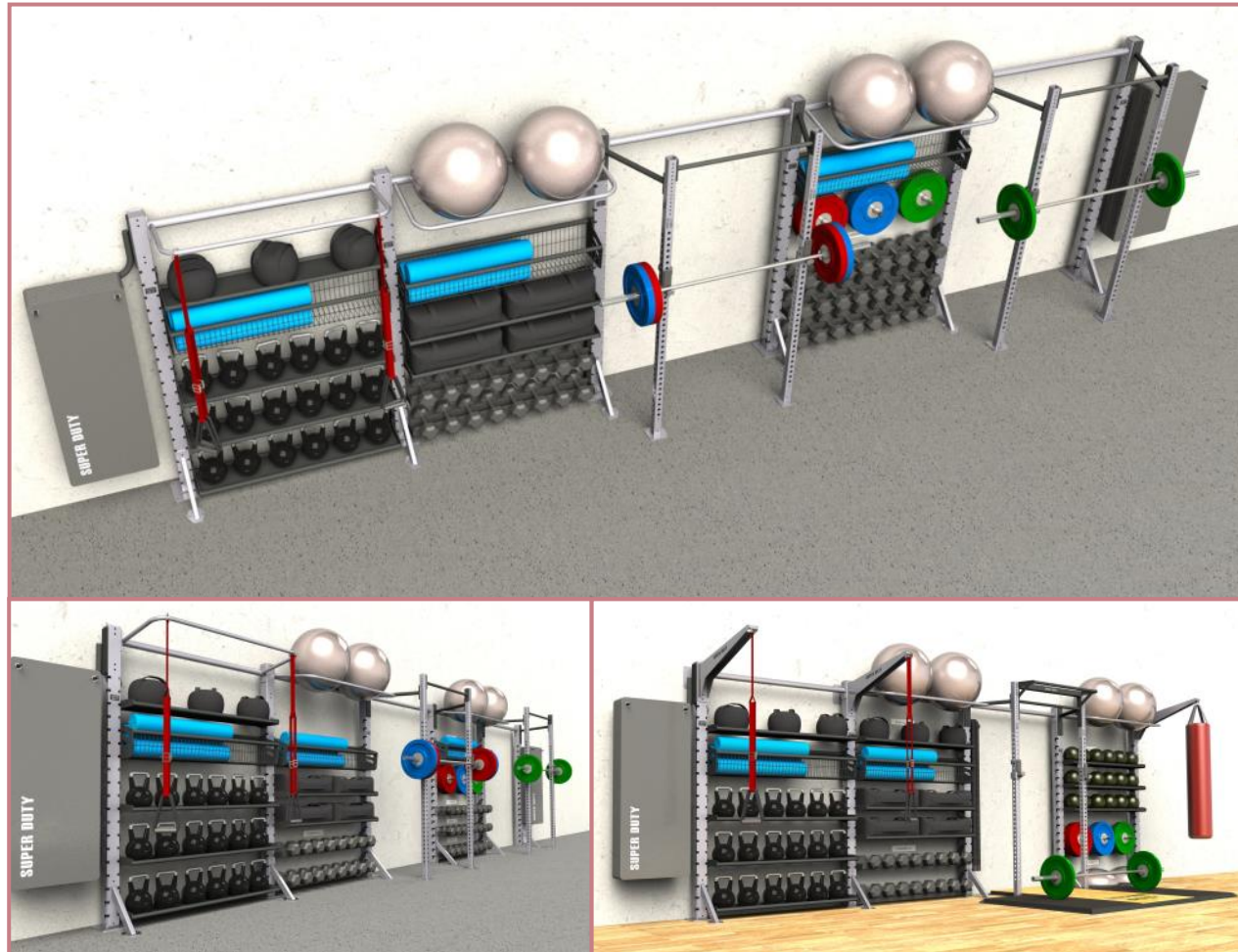
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Perimeter Rigs

- ⇒ Perimeter rigs have a compact footprint to save floor space, making them ideal for narrow spaces
- ⇒ The compact lifting stations ensure use between group functional classes.
- ⇒ Can be extended or reconfigured anytime in the future.
- ⇒ Can also be combined with a corner rig.

The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a rig of any size.

Rigs must be bolted down for stability.



Crossfit Rigs

- ⇒ Wall and floor mounted configurations available.
- ⇒ Cost effective and space efficient way to add more lifting stations to your gym.
- ⇒ Can be extended or reconfigured anytime in the future.
- ⇒ Highest quality powder coated frames



The rigs shown here are just a few examples to demonstrate what is possible. Almost any of our components can be incorporated into a rig of any size.

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Corner Rigs

Hybrid Rigs

Monkey Bar Rigs

Double Sided Rigs

Perimeter Rigs

CrossFit Rigs



Accessories

- Storage tray
- Dumbbell rack
- Storage Basket
- Floor mat holder
- Adjustable pulleys
- Suspension outrigger
- Boxing Bag outrigger
- Boxing glove holder
- Bumper plate rack
- Sand rope peg
- Torsonator
- Corner Truss
- Pump set rack
- Lifting platform
- Half rack
- Chin up bar
- Monkey bars
- Integrated Mirror
- Fit ball racks
- Dip attachment
- Step attachment
- Cannon ball grips
- Battle Rope hook
- Plus much more



SUPER DUTY

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